



For FRAMPTON & SONS
RINGWOOD
NEW FOREST
Signed *E. Kivitt* WITH THANKS

Breakfast / Brunch 09:00 - 15:00

Pastries, Cake of the Day, Teacakes

ask your server for todays selection

The One 16

Sausage, bacon, ham hock, egg, mushroom, tomato, spinach, BBQ beans, maple & mustard glaze. served in a sizzling skillet
Add hash browns 2.0

Framptons Full Plate 15

2 sausages, 2 back bacon, tomato, hash browns, mushroom, baked beans & choice of egg

Framptons Light Plate 13

sausage, back bacon, tomato, mushroom, hash brown, baked beans & choice of egg

Framptons Vegan **VE** 13

moving mountains sausage, tomato, mushroom, crushed avocado, hash brown, spinach & baked beans

add egg 1.5

all served with toasted sourdough bread
add egg, sausage, bacon, hash brown 1.5 each

Champions 11

crushed avocado, streaky bacon, sun dried tomato & poached egg on sourdough

Eggs Your Way 8

your choice of eggs on sourdough

Eggs Benedict/Florentine **V** 12/10.5

poached egg, ham hock/spinach, hollandaise, on sourdough

Omelette 8.5

choice of two fillings: ham hock, cheese, spinach, mushrooms, tomatoes

Breakfast Bap 8.5

sausage or bacon, fried egg & hash brown

Pancakes 10

maple syrup, smoked streaky bacon

Please let a member of the team know if you have any allergies or intolerances as not all dishes state the full ingredients. All food is freshly prepared in-house so traces of allergens may be present in all dishes.

Soup of the Day 12:00 - 15:00

served with crusty bread 6.5

house made with local, seasonal produce
ask your server for more details

Ciabatta 12:00-15:00

all served with side salad

Panko Fried Chicken Parm 9.5

mozzarella, pepperoni, tomato marinara

Heritage tomato & mozzarella **V** 8.5

nut-free pesto, rocket

Roast Beef 9.5

blue cheese, rocket

Brie & Bacon 9.5

red onion chutney

Salads 12:00 - 15:00 / 17:30 - 20:30

all served on rocket & spinach with tomato salsa & quinoa

Panko Chicken & Streaky Bacon 16.5

Roasted Squash & Beetroot **VE** 15

Poached Salmon & Tenderstem Broccoli 17

Sides 12:00 - 15:00 / 17:30 - 20:30

Mixed Leaf Salad 4

Rosemary fries 4.5

Sweet Potato Fries 6.5

Tempura Battered Onion Rings 4.5

House Slaw 3.5

Artisan Bread 6.5

Small plates 3 FOR 20

pork belly 8

panko prawns 8

halloumi fries 8



For FRAMPTON & SONS
RINGWOOD
NEW FOREST
Signed *E. Kirt* WITH THANKS

Burgers 12:00 - 15:00 / 17:30 - 20:30

all burgers served in a brioche bun with fries & slaw

Texas BBQ Double Stack 20

2 8oz patties, smoked streaky bacon, melted cheese, BBQ sauce
Topped with house made onion rings

Framptons Chicken Parm 20

garlic aioli, mozzarella, tomato marinara, pepperoni

Classic Panko Chicken 17

fried chicken breast, burger sauce, streaky bacon, cheese

The Classic 17.5

8oz patty, streaky bacon, Monterey jack cheese, burger sauce, red onion chutney

The Vegan Classic 16

Moving mountainpatty, vegan burger sauce, red onion chutney, vegan Monterey jack cheese

Add

burger patty	4
chicken breast	3.5
hash brown	2.5
tempura onion ring	2.5

Pizzas 12:00 - 15:00 / 17:30 - 20:30

Margherita V 13

mozzarella, rich tomato base, basil

Pepperoni 14

pepperoni & jalapeno peppers

Barn 15

slow cooked ham hock & mushroom

Framptons 16

bacon, chicken & pepperoni

G.O.A.T V 15

goats cheese, caramelised red onion, fresh rocket

Carciofo VE 14

spinach, olives & vegan cheddar

Carbonara 14.5

pancetta, cream sauce, parmesan

Chicken fajita 16

Bbq base, chicken, onion, jalapeno

extras: chicken, pepperoni, pancetta, mushrooms, ham hock, goats cheese 2

All Available as Gluten Free Base 2

Puds 12:00 - 15:00 / 17:30 - 20:30

Chocolate Brownie 7.5

warm chocolate brownie, vanilla ice cream

Sticky toffee pudding 7.5

Crème anglaise or ice cream

Cheesecake 8

vanilla ice cream

Ice Cream 2.5

vanilla, chocolate, strawberry per scoop

Cheeseboard for One 7.5

selection of local cheeses, crackers, chutney, grapes



steak

available Friday and Saturday night

cut

all served with buttered tender stem broccoli, mixed leaf salad, choice of side and sauce

10 oz ribeye	26
8 oz sirloin	23
8 oz fillet	30
salmon supreme	19

chateaubriand for two 55

a delicately flavoured tenderloin center cut with choice of two sides and two sauces

side

kauffman brick chips
dauphinoise potatoes

sauce

peppercorn
blue cheese

add

garlic buttered prawns 5

Please let a member of the team know if you have any allergies or intolerances. All food is freshly prepared in-house so traces of allergens may be present in all dishes.